



Spring Semester Updates & Summer Opportunities

Stevens Health Professions Club

ENTER

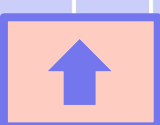


01

02

03

04



Announcements

Elections

**Summer
Opportunities**

**Questions/
Socializing**

Announcements

- Alpha Epsilon Delta pre-health honor society: [interest form](#) due 2/13
- Research Panel co-hosted with oSTEM - February, date TBD
- Second GBM + open E-Board nominations - February, date TBD
- Elections and E-Board transition - week before Spring Break (3/13)
- Be the Match co-hosted with AED and Theta Phi Alpha - 4/13

Elections

- Positions on SHPC Executive Board
 - President - Leigha Tierney (ltierney@stevens.edu)
 - Vice President - Katherine Ho (kho2@stevens.edu)
 - Treasurer - Danielle Bragen (dbragen@stevens.edu)
 - Secretary - Nick Housel (nhousel@stevens.edu)
 - Historian - Mariam Siam (msiam@stevens.edu)
 - Social Chair - Cosette Lim (clim3@stevens.edu)
- Please reach out to any officers if you are interested in running for a position!



Summer Opportunities/Activities

Summer Research

- Innovation and Entrepreneurship
 - Application accessible through [myStevens](#)
- Outside programs
 - [NSF Research Experiences for Undergraduates](#)
- Volunteer community science
 - [Department of Environmental Conservation of NY](#)
 - [New Jersey Audubon](#)
 - [NJ Department of Environmental Protection](#)
 - [Save Coastal Wildlife](#)
- Contacting professors at Stevens

EMT Certification / Work

EMT Class during the semester:

- The EMT class itself is considered to be 6 credits
- Closest class to Stevens is the Jersey City Class
 - Accessible by light rail
- Get involved with [HVAC](#) to receive voucher for the class
 - Otherwise \$1,800
- Pick a lighter semester that way you can manage both coursework and the class, or do it over the summer
- Class Schedule
 - Typically 3 months long
 - (i.e. Tuesday / Thursdays 6:30 pm - 10:30 pm / alternating Sundays 8:30 am - 4:30 pm)
 - + 10 hours experience in Emergency Room
- <https://www.rwjbh.org/treatment-care/training-center/emt-training-classes/emt-initial-training/>
- After gaining experience, consider working for Jersey City or OnTime

Scribing

- Assist ER physicians by documenting patient information in the EMR system
- ScribeAmerica | Hoboken Medical University Center (308 Willow)
- Shift Options: 6 AM-3 PM (9 hours) or 3 PM-11 PM (8 hours)
- Commitment:
 - Training: Online asynchronous training, paid online synchronous training, paid floor training
 - 1 year commitment; part-time (2-3 shifts/week) or full-time (4-5 shifts/week)
- Great clinical experience, networking, understanding the ER and hospital setting (esp. during COVID), learning common medical terms/dx/tx/rx
- Application Process: application, interview/type-test, training

Shadowing

- Follow a practitioner throughout their day to learn about what they do day-to-day
 - Ask questions!
 - Observe procedures & patient interactions
- Private practices
- Urgent cares
- Hospitals
- This is a good opportunity to explore different medical settings and specialties in the field
- Allows you to assess the lifestyle of a healthcare practitioner
- Most practitioners are flexible with shadowing hours
- Reach out through emails, calls, or personal connections - don't be afraid to be bold!

Local Volunteering

- Hoboken Shelter
 - Help provide meals, donate clothes, supplies, or food
- Hoboken University Medical center
- Hoboken Volunteer Ambulance Corps
 - Start as an observer → EMT
- Hoboken Boys and Girls Club
 - Tutor, mentor, coach, after school program volunteer
- Community Lifestyle (new Jubilee Center)
 - After school academic enrichment program for Hoboken students
- St. Matthew's Trinity Lunchtime Ministry
 - Soup kitchen / drop-in center for those in need of assistance
 - Volunteers & donations - help make meals

** some volunteer organizations may be affected due to COVID, reach out to make sure!

Laboratory Assistant

- Lab Assistants perform the tests and procedures that physicians and other healthcare providers order
- LabCorp
 - <https://careers.labcorp.com/global/en>
 - Summer Internships and entry-level jobs
 - Various locations and shifts
 - Molecular biology, chemistry, microbiology, cytology, hematology...
 - Specific course requirements & no work experience needed
 - Some duties include:
 - Prepare specimens for testing and analysis
 - Determine the acceptability of specimens for testing according to established criteria
 - Perform routine technical procedures and functions according to departmental Standard Operating Procedures
 - Data entry of patient information into the computer system for tracking purposes
 - Ensure all lab equipment is working properly and perform minor instrumentation maintenance

Medical Assistant, CNA, Phlebotomist

- Medical Assistant: Can take a few months to 2 years depending on the program
- CNA, Phlebotomist: can take 4-12 weeks depending on the program
 - Usually come with certification exams
- Great hands-on clinical experience, get to work alongside doctors and nurses in the hospital or office setting
 - Direct patient care for clinical hours, vital signs, patient registration
- Apply on job websites like indeed.com or ask you local doctor's offices
- Some offices do not require certification, they are willing to train you
 - Work hours depend on your job
 - These positions are typically paid positions
 - You can work at specialty offices as well

Studying for Standardized Tests

- Many pre-professional programs require standardized testing
 - [MCAT](#)
 - [DAT](#)
 - [GRE](#)
- MCAT typical study time: 200-350+ hours
- Standardized test courses and self-paced study materials
 - Kaplan, Princeton Review, Blueprint, Altius
 - [UWorld](#) question banks
 - [Pre-made Anki decks](#) and study guides (r/MCAT on Reddit)
 - [AAMC official practice tests, flashcards, and question banks](#)
- Mix and match resources!!!

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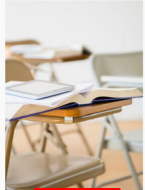

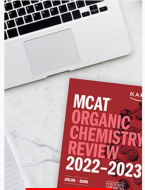
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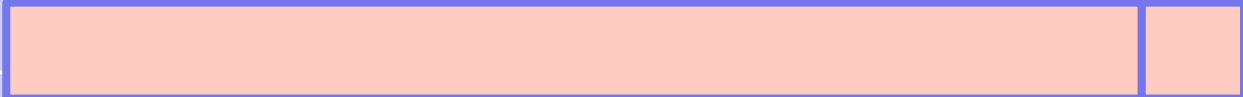
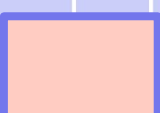
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Important Reminders!

- Don't overwhelm yourself
- Follow what you are passionate about
- Prioritize your needs and mental health
- Attendance



Thank you for coming!

Questions/comments/concerns?